

New Year's Countdown

Create an indoor obstacle course



Talk through the pictures in a new book before reading the words



Play Peek-a-Boo as often as you can

When you sing your child's favorite song, leave out words for them to fill in.



Stop to talk through new words you find when reading



Ask your child what they think may happen next while reading

Give your child different containers and lids to play with and match



Have a New Year's Eve dance party



Hug & dance with your child



Talk to your child while on errands



Count steps as you climb them

15 Brain-Building Days with The Basics GUILFORD



Tell your child something specific you love about them



Find a nursery rhyme to say every day together



Compare sizes of things and use math words like greater than and less than; larger and smaller.



Help your child see the needs of other kids to build empathy

basicsguilford.org



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