



How to use The Basics During Bath Time

Bathtime can be a great time to bond with your child and a perfect time to use The Basics! These tips will help make bathtime become about more than just getting clean:



Maximize Love, Manage Stress

Interact with your child throughout their bath by playing with them and asking questions. If bathtime is stressful for your child, try to bathe them only when they are fed and well-rested.



Talk, Sing and Point

Sing a fun song about bathtime with your child! This is a great way to signal it's time for a bath. Also, tell your child what you are doing, step by step, or describe the things you are using in the bath.



Count, Group and Compare

Practice counting to 10 on your child's fingers and toes. Or, count the number of toys in the bath and compare their sizes and colors. You can also give your child a container to scoop and dump water, using words like "full" and "empty."



Explore Through Movement and Play

Bathtime is a great time to play with your child. Give your child toys that they can use in the water, or have them guess if objects will sink or float. You can also add bubbles for your child to grab or play with!



Read and Discuss Stories

Get a waterproof book you can bring in the tub with your child so you can read a story during bathtime. Use different voices and facial expressions to make the story come to life. Ask questions throughout the book to help your child stay engaged and have fun!